

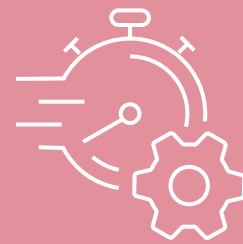
Guiding the way

Responding to mental injury at work

5
Boost workplace wellbeing



1
Recognise the signs



2
Take early action

4
Plan their return



3
Get support

